



Before and After Your Procedure

Botox / Xeomin / Dysport

Before

Let us know if it has been sooner than three months since your last injection.

Let us know of any changes to your medical history or allergies.

Avoid Alcohol and Ibuprofen (Advil) for 48 hours prior to your appointment to reduce bruising.

Avoid wearing heavy makeup the day of appointment. Arrive with a clean face. We will also spot clean the area.

Be aware of the potential risks of your procedure and ensure you contact us after your procedure if there are any issues.

Tel: 289-309-8519

DM: <https://www.facebook.com/binbrookmedicaaesthetics>

DM: <https://www.instagram.com/binbrookmedicaaesthetics/>

After

Avoid heavy exercise for 24 hours.

Let us know if you have any reactions or unwanted results. (please note, touch ups can be done 2 weeks after your treatment when the results are fully seen)

Avoid Alcohol and Ibuprofen (Advil) for 24 hours after your appointment to reduce bruising.

Avoid laying down or leaning forward for 4 hours after your treatment.

Avoid hot tubs, very hot showers and steam rooms for 24 hours after your treatment.

Resume your usual skin care routine the next day, but avoid heavy rubbing of the injection areas.