

Halo Skin Resurfacing



Before

- Use sunscreen and physical sun protection.
- Avoid extended sun exposure, i.e. beach, travel to sunny locations, sunbathing, sports outdoors.
- Inform your clinician if any physician has ordered Accutane for you in the last year
- Inform your doctor of any medical conditions or medications you are taking that might affect wound healing or affect coagulation.
- Inform practitioner of any anticoagulant medication
- Inform practitioner if you have a history of cold sores- treatment may cause recurrence- an antiviral treatment may be prescribed to reduce this risk



After

FEELING OF WARMTH:

The treated area may be extremely warm for 1-2 hours after the treatment. Warmth may continue for 12-24 hours after the treatment. Cold compresses may provide comfort during this time. Also, a mineral water spray might provide some relief and much needed moisture to the skin.

REDNESS (ERYTHEMA):

Redness is normal and expected. Redness generally increases in intensity for the first few days after treatment with day 3 usually being the most intense. Redness can persist for up to 7 days depending on the intensity treatment.

MENDs:

MENDs (microscopic epidermal necrotic debris) will appear on the 2nd or 3rd day after treatment as tiny dark spots and bronzed appearance to the treated skin. MENDs are part of the healing process where treated tissue is working its way out of your body as new fresh

skin is regenerated. During this time, your skin will be very dry and feel like sandpaper before flaking and peeling off. Keep your skin well moisturized to support the healing process. Do not pick at your skin.